



# SIMPLE STEPS TO SAVE ENERGY

Save money and stay comfortable



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## HOT TIPS

- Turn thermostat down when not home or install a programmable thermostat which can cut energy consumption by 20-30% saving \$180 a year.
- Set hot water heater to 120 degrees.
- Set your refrigerator temperature between 28 and 42 degrees and your freezer between 0 and 5, and make sure both are sealed tightly.



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## BRIGHT IDEAS

- Use LED lights throughout your home.
- Install motion detector lights and night lights.

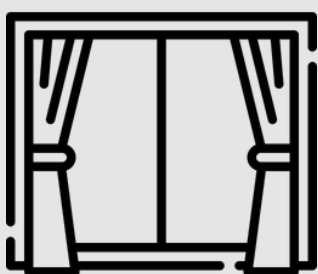
An LED can save more than \$100 over its lifetime.  
LEDs use up to 85% less energy



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## SAVE WATER

- Install a low flow shower head.
- Use aerator faucet heads.
- Energy Star-compliant clothes washers use 20% percent less energy and 35% less water than their non-compliant counterparts.

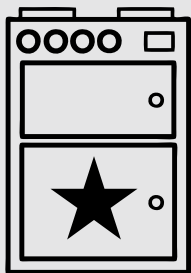


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## BUTTON UP

- Seal around windows and doors using weather strip, caulk, or foam.
- Install insulated curtains or shades.
- Add foam insulated switch plate covers.

After weatherizing 750,000 homes, an average energy savings of \$400 per year was reported by the Department of Energy for individual families.



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## STAR APPLIANCES

Upgrade home appliances to Energy Star compliant models  
Rebates available from NHSaves

Energy Star-compliant, high-efficiency electric storage water heaters can save families \$3,000 before needing to be replaced.



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## YOUR #1 FAN

Use ceiling fans (clockwise in the winter and counter-clockwise in summer). An air conditioner costs \$0.36 per hour, and a ceiling fan only \$0.01 per hour.